

# May 2024



## Orientation & Training Schedule

for new volunteers, interns, and staff

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### SATURDAY, MAY 11<sup>TH</sup>

**Location:** *Tubman Chrysalis* – 4432 Chicago Avenue So, Minneapolis, MN 55407

**9:00 am – 3:00 pm** *Tubman Overview* – Tubman basics and core services; privilege and intersectionality; philosophies and service approaches; ethics and boundaries; secondary trauma, self-care, and wellness

### TUESDAY, MAY 14<sup>TH</sup> **Location: Zoom**

**6:00 – 7:30 pm:** *Shelter & Housing* – comprehensive residential and housing services; ecological approach; defining violence, power and control; safety planning

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### THURSDAY, MAY 16<sup>TH</sup> **Location: Zoom**

**6:00 – 7:30 pm:** *Mental & Chemical Health* – mental health, substance abuse and dependence; trauma and the brain, trauma-informed care; crisis and de-escalation skills

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### TUESDAY, MAY 21<sup>ST</sup> **Location: Zoom**

**6:00 – 7:30 pm:** *Legal* – understanding Tubman’s legal services, protective orders, assisting clients in accessing legal services

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### THURSDAY, MAY 23<sup>RD</sup> **Location: Zoom**

**6:00 – 7:30 pm:** *Youth & Community Supports* – youth programs; community outreach, basic needs, and support services; violence prevention work

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

For more information, please contact  
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