

May 2023



## Orientation & Training Schedule

for new volunteers, interns, and staff

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### SATURDAY, MAY 13<sup>TH</sup>

**Location:** *Tubman East* – 1725 Monastery Way, Maplewood, MN 55109

**9:00 am – 3:00 pm** *Tubman Overview* – mission, vision, and values; core services; privilege and intersectionality; core philosophies and service approaches; ethics and boundaries; secondary trauma, self-care, and wellness

### TUESDAY, MAY 16<sup>TH</sup> **Location:** Zoom

**6:00 – 7:30 pm:** *Shelter & Housing* – comprehensive residential and housing services; ecological approach; defining violence, power and control; safety planning

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### THURSDAY, MAY 18<sup>TH</sup> **Location:** Zoom

**6:00 – 7:30 pm:** *Mental & Chemical Health* – mental health, substance abuse and dependence; trauma and the brain, trauma-informed care; crisis and de-escalation skills

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### TUESDAY, MAY 23<sup>RD</sup> **Location:** Zoom

**4:30 – 5:30 pm:** *Intervention Line Training* – required for some roles

**6:00 – 7:30 pm:** *Legal* – understanding Tubman’s legal services, protective orders, assisting clients in accessing legal services

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### THURSDAY, MAY 25<sup>TH</sup> **Location:** Zoom

**6:00 – 7:30 pm:** *Youth & Community Supports* – youth programs; community outreach, basic needs, and support services; violence prevention work

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

For more information, please contact  
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