



# January, 2022

## Orientation & Training Schedule

for new volunteers, interns, and staff

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**Date/Time: Saturday, January 8<sup>th</sup> from 9am-3pm**

**Location: via Zoom**

**Focus Areas: *Tubman Overview*** – mission, vision, and values; core services; privilege and intersectionality; service approaches; ethics, boundaries, professionalism; secondary trauma and self-care

**Date/Time: Tuesday, January 11<sup>th</sup> from 6pm-9pm**

**Location: via Zoom**

**Focus Areas: *Shelter & Housing*** – comprehensive residential and housing services; ecological approach; defining violence, power and control; safety planning strategies

**Date/Time: Thursday, January 13<sup>th</sup> from 6pm-9pm**

**Location: via Zoom**

**Focus Areas: *Mental & Chemical Health*** – mental health, substance abuse and dependence; trauma and the brain, trauma-informed care; interpersonal, crisis, and de-escalation skills; navigating challenging situations

**Date/Time: Tuesday, January 18<sup>th</sup> from 6pm-9pm**

**Location: via Zoom**

**Focus Areas: *Legal*** – understanding Tubman's range of legal services, protective orders, assisting clients in accessing legal services

**Date/Time: Thursday, January 20<sup>th</sup> from 6pm-9pm**

**Location: via Zoom**

**Focus Areas: *Youth & Community Supports*** – youth programs & wrap-around services; outreach, violence prevention, and leadership development; assistance with basic needs

*Each evening training is divided into two parts - a large group presentation followed by breakout sessions for specific volunteer, intern, and staff positions.*

**For more information and to RSVP, please contact  
Joanie Braun at 612-767-6680 or [jb Braun@tubman.org](mailto:jb Braun@tubman.org)**