



# Fall, 2020

## Orientation & Training Schedule

for new volunteers, interns, and staff

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**Date/Time:** Saturday, August 22<sup>nd</sup> from 9am-3pm

**Location:** Tubman East - 1725 Monastery Way, Maplewood, MN, 55109

**Focus Areas:** ***Tubman Overview*** – mission, vision, and values; core services; privilege and intersectionality; service approaches; ethics, boundaries, professionalism; secondary trauma and self-care

**Date/Time:** Tuesday, August 25<sup>th</sup> from 6pm-9pm

**Location:** Tubman East - 1725 Monastery Way, Maplewood, MN, 55109

**Focus Areas:** ***Shelter & Housing*** – comprehensive residential services; ecological approach; defining violence, power and control; safety planning strategies

**Date/Time:** Thursday, August 27<sup>th</sup> from 6pm-9pm

**Location:** Tubman East - 1725 Monastery Way, Maplewood, MN, 55109

**Focus Areas:** ***Mental & Chemical Health*** – mental illness, substance abuse, and dependence; trauma-informed care, trauma and the brain; engagement, crisis, and de-escalation skills; navigating challenging situations

**Date/Time:** Tuesday, September 1<sup>st</sup> from 6pm-9pm

**Location:** To be determined

**Focus Areas:** ***Legal*** – understanding Tubman's range of legal services, protective orders, assisting clients in accessing legal services, exploring barriers

**Date/Time:** Thursday, September 3<sup>rd</sup> from 6pm-9pm

**Location:** To be determined

**Focus Areas:** ***Youth & Community Supports*** – youth programming and outreach; violence prevention work; support services for community members

*Each evening training is divided into two parts - a large group presentation followed by breakout sessions for specific volunteer, intern, and staff positions.*

**For more information and to RSVP, please contact  
Joanie Braun at 612-767-6680 or [jbrown@tubman.org](mailto:jbrown@tubman.org)**