



# Fall 2022

## Orientation & Training Schedule

for new volunteers, interns, and staff

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**Date/Time:** Saturday, August 20<sup>th</sup> from 9am-3pm

**Location:** Tubman East – 1725 Monastery Way, Maplewood, MN 55109

**Focus Areas:** *Tubman Overview* – mission, vision, and values; core services; privilege and intersectionality; service approaches; ethics, boundaries, professionalism; secondary trauma and self-care

**Date/Time:** Tuesday, August 23<sup>rd</sup> from 6pm-9pm

**Location:** via Zoom

**Focus Areas:** *Shelter & Housing* – comprehensive residential and housing services; ecological approach; defining violence, power and control; safety planning strategies

**Date/Time:** Thursday, August 25<sup>th</sup> from 6pm-9pm

**Location:** via Zoom

**Focus Areas:** *Mental & Chemical Health* – mental health, substance abuse and dependence; trauma and the brain, trauma-informed care; interpersonal, crisis, and de-escalation skills; navigating challenging situations

**Date/Time:** Tuesday, August 30<sup>th</sup> from 6pm-9pm

**Location:** via Zoom

**Focus Areas:** *Legal* – understanding Tubman’s range of legal services, protective orders, assisting clients in accessing legal services

**Date/Time:** Thursday, Sept. 1<sup>st</sup> from 6pm-9pm

**Location:** via Zoom

**Focus Areas:** *Youth & Community Supports* – youth programs & wrap-around services; outreach, violence prevention, and leadership development; assistance with basic needs

*Each evening training is divided into two parts - a large group presentation followed by breakout sessions for specific volunteer, intern, and staff positions.*

For more information and to RSVP, please contact  
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