



January 2023

Orientation & Training Schedule

for new volunteers, interns, and staff

SATURDAY, JANUARY 14TH

Location: *Tubman East* – 1725 Monastery Way, Maplewood, MN 55109

9:00 am – 3:00 pm *Tubman Overview* – mission, vision, and values; core services; privilege and intersectionality; core philosophies and service approaches; ethics and boundaries; secondary trauma, self-care, and wellness

TUESDAY, JANUARY 17TH **Location:** Zoom

6:00 – 7:30 pm: *Shelter & Housing* – comprehensive residential and housing services; ecological approach; defining violence, power and control; safety planning

7:30 – 9:00 pm: *Breakout Sessions* – required for some roles

THURSDAY, JANUARY 19TH **Location:** Zoom

6:00 – 7:30 pm: *Mental & Chemical Health* – mental health, substance abuse and dependence; trauma and the brain, trauma-informed care; crisis and de-escalation skills

7:30 – 9:00 pm: *Breakout Sessions* – required for some roles

TUESDAY, JANUARY 24TH **Location:** Zoom

4:30 – 5:30 pm: *Intervention Line Training* – required for some roles

6:00 – 7:30 pm: *Legal* – understanding Tubman’s legal services, protective orders, assisting clients in accessing legal services

7:30 – 9:00 pm: *Breakout Sessions* – required for some roles

THURSDAY, JANUARY 26TH **Location:** Zoom

6:00 – 7:30 pm: *Youth & Community Supports* – youth programs; community outreach, basic needs, and support services; violence prevention work

7:30 – 9:00 pm: *Breakout Sessions* – required for some roles

**For more information, please contact
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