



Shelter Meal Service Volunteer

Volunteer Position Description

Position & Responsibilities

Role Summary

Volunteer will assist staff in organizing and delivering meals to individuals and families living at Tubman's shelter for victims/survivors of domestic violence. The shelter is located at Tubman East in Maplewood.

Impact & Benefits

- Contribute to a positive and respectful living experience for families in shelter
- Assist in providing a safe and healthy living environment

Position Responsibilities

- Portion out and deliver individual meals to each room in the shelter
- Follow COVID-19 protocols to ensure safety
- Assist with clean up as needed
- Build positive, safe, and friendly connections with residents
- Communicate concerns to staff as needed

Qualifications & Expectations

Position Qualifications

- Friendly, supportive, mature, and reliable
- Ability to maintain confidentiality, appropriate boundaries, and have good judgment in unexpected situations
- Understand and work from the agency's set of values and philosophical approaches, including trauma-informed and strength-based care
- Ability to engage with a diverse group of clients and team members with a demonstrated commitment to diversity, equity, and inclusion
- Must be 16 and older

Time Commitment & Availability

- One consistent 2 hour shift each weekend preferred (with some flexibility): Saturday or Sunday, either 11 am-1 pm or 5-7 pm

Supervision & Training

- Attend Tubman's Volunteer/Intern Orientation and Trainings
- Supervised by Shelter staff

Organization

For 40 years, Tubman has been leading the way to hope for women, men, youth and families who have experienced relationship violence, sexual exploitation, addiction, mental health challenges or other trauma. We provide countless ways to help including safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programs, community education and much more. www.tubman.org

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities.