



January, 2021

Orientation & Training Schedule

for new volunteers, interns, and staff

Date/Time: Saturday, January 9th, from 9am-3pm

Location: **Virtual training via Zoom**

Focus Areas: **Tubman Overview** – mission, vision, and values; core services; privilege and intersectionality; service approaches; ethics, boundaries, professionalism; secondary trauma and self-care

Date/Time: Tuesday, January 12th from 6pm-9pm

Location: **Virtual training via Zoom**

Focus Areas: **Shelter & Housing** – comprehensive residential services; ecological approach; defining violence, power and control; safety planning strategies

Date/Time: Thursday, January 14th from 6pm-9pm

Location: **Virtual training via Zoom**

Focus Areas: **Mental & Chemical Health** – mental illness, substance abuse, and dependence; trauma-informed care, trauma and the brain; engagement, crisis, and de-escalation skills; navigating challenging situations

Date/Time: Tuesday, January 19th from 6pm-9pm

Location: **Virtual training via Zoom**

Focus Areas: **Legal** – understanding Tubman's range of legal services, protective orders, assisting clients in accessing legal services, exploring barriers

Date/Time: Thursday, January 21st from 6pm-9pm

Location: **Virtual Training Via Zoom**

Focus Areas: **Youth & Community Supports** – youth programming and outreach; violence prevention work; support services for community members

Each evening training is divided into two parts - a large group presentation followed by breakout sessions for specific volunteer, intern, and staff positions.

For more information and to RSVP, please contact
Joanie Braun at 612-767-6680 or jbrown@tubman.org