

# Youth & Family Worker Intern - Safe Journeys Housing

Internship Position Description

## *Position & Responsibilities*

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### **Role Summary**

Youth & Family Worker Interns in the Safe Journeys Housing program work alongside staff at Tubman East in Maplewood to serve youth and young adults of all genders between the ages of 16-24 (as well as their children) who have experienced various forms of violence, exploitation, or homelessness.

### **Impact & Benefits**

- Make a difference in a young person's life by supporting them and advocating for their needs and strengths
- Practice supportive crisis intervention and conflict resolution skills to foster growth and resilience within youth

### **Position Responsibilities**

- Build trusting relationships and provide comprehensive support, data, resources, and mentorship while maintaining confidentiality and upholding professional boundaries
- Promote healing through creating a positive environment and providing a variety of activities and groups to support goals
- Support youth while following agency guidelines to administer safety planning, crisis intervention, resource connection, recreation, school, and planning for self-identified goals
- Communicate and collaborate with supervisor and team to provide coordinated services

## *Qualifications & Expectations*

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### **Position Qualifications:**

- Experience and interest in working with youth and young adults
- Ability to engage and build meaningful relationships with diverse youth, parents, and families
- Understanding of and ability to implement interventions to support complex trauma
- Ability to communicate with diverse groups and people skills, including ability to remain grounded and person-focused during challenging situations
- Ability to foster an inclusive and responsive environment that promotes healing, meaningful relationships and goal attainment

### **Time Commitment & Availability**

- Flexible weekday schedule with hours from late mornings through evenings available
- Commit to 10-20 hours per week for a minimum of nine months

### **Supervision & Training**

- Attend Tubman's Intern/Volunteer Orientation and Training series
- Supervision provided by the Community Housing Manager

## *Organization*

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Tubman offers safety, hope, and healing to people of all ages, genders, and cultural backgrounds who are facing relationship violence, sexual assault, exploitation, homelessness, addiction, mental health challenges, or other forms of trauma. We provide safe shelter and housing, legal services, mental and chemical health services, youth programs, and more. [www.tubman.org](http://www.tubman.org)

Black, indigenous, and people of color, multilingual speakers, people of all gender identities, people with disabilities, and veterans are all encouraged to apply.