



Support Group Facilitator

Volunteer Position Description

Position & Responsibilities

Role Summary

Co-facilitate weekly virtual and/or in-person at Tubman East in Maplewood support group for people who are experiencing or have experienced relationship abuse, including emotional, verbal, physical, sexual, or financial abuse. Utilize a strength-based, trauma-informed approach while creating a safe, respectful, confidential, and welcoming space for people of all genders.

Impact & Benefits

- Make an impact in the lives of clients as you foster positive growth by providing a safe, supportive environment for individuals to process and share difficult experiences
- Practice effective group facilitation and communication skills

Position Responsibilities

- Create a supportive and safe space while maintaining boundaries and client confidentiality
- Provide referrals to Tubman and community-based resources when appropriate
- Collaborate with the co-facilitator in preparing before and debriefing after each group
- Model genuine compassion, empathy, and open-minded responses within the group

Qualifications & Expectations

Position Qualifications:

- Knowledge of the community served including an understanding of relationship abuse
- Experience in group facilitation and comfort with using virtual platforms is preferred
- Ability to effectively facilitate group process in a supportive and confidential manner
- Proven ability to remain calm in response to difficult information and situations
- Excellent communication and people skills including active listening skills and ability to respond appropriately to client needs while maintaining professionalism and boundaries
- Ability to work with diverse teams and clients to foster a culturally inclusive environment

Time Commitment & Availability

- Group takes place Tuesdays from 6:30-8:00 pm
- Minimum commitment of one year preferred

Supervision & Training

- Attend Tubman's five-part Volunteer/Intern Orientation and Training series
- Supervision provided by the Sustainability Services Manager

Organization

Tubman offers safety, hope, and healing to people of all ages, genders, and cultural backgrounds who are facing relationship violence, sexual assault, exploitation, homelessness, addiction, mental health challenges, or other forms of trauma. We provide safe shelter and housing, legal services, mental and chemical health services, youth programs, and more. www.tubman.org

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities