



Youth & Family Worker for Safe Journeys Housing

Volunteer or Internship Position Description

Position & Responsibilities

Role Summary

Youth & Family Workers in the Safe Journeys Housing program work alongside staff at Tubman East in Maplewood to serve youth and young adults of all genders between the ages of 13-24 (as well as their children) who have been exposed to relationship violence, dating violence, sexual assault and/or stalking, including individuals who are homeless, runaways, or have experienced sex trafficking.

Impact & Benefits

- Make a difference in a young person's life by listening to and advocating for their needs
- Practice supportive crisis intervention and conflict resolution techniques to foster growth and resilience within youth who have experienced sexual trauma, violence, or exploitation

Position Responsibilities

- Build trusting relationships with youth and young adults while maintaining confidentiality and appropriate professional boundaries
- Foster a safe and empowering environment and practice advocacy to support youth who have experienced trauma or violence
- Communicate and collaborate with colleagues to provide coordinated services to youth and families, following agency guidelines to administer safety planning, crisis intervention, supporting safety, recreation, school, and planning for self-identified goals

Qualifications & Expectations

Position Qualifications:

- Experience working with youth and young adults
- Knowledge and understanding of homelessness and sex trafficking
- Ability and willingness to listen actively and respond respectfully and appropriately to youth, young adults, and their children, and to make necessary judgment regarding health and safety
- Excellent communication and people skills, including emotional stability and patience
- Ability to work with diverse teams and clients to foster a culturally inclusive environment
- Comfortable working under pressure, able to remain calm in response to difficult situations

Time Commitment & Availability

- Weekday afternoon and evening availability preferred
- Commit to 10 hours per week for a minimum of four months

Supervision & Training

- Attend Tubman's five-part Volunteer/Intern Orientation and Training series
- Supervision provided by Safe Journeys staff

Organization

For 40 years, Tubman has been leading the way to hope for women, men, youth and families who have experienced relationship violence, sexual exploitation, addiction, mental health challenges or other trauma. We provide countless ways to help including safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programs, community education and much more. www.tubman.org

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities.