

Volunteer or Internship Position Description

### Position & Responsibilities

### **Role Summary**

Collaborating with staff to support youth whose families have experienced violence, sexual assault, exploitation, stalking, and/or harassment, our Youth and Family Advocates are responsible for providing individualized supportive services and comprehensive advocacy to children, youth, and families currently living at Tubman's shelters and Transitional Housing.

# **Impact & Benefits**

- Make a difference in a young person's life by listening to and advocating for their needs
- Guide youth and parents in building life skills and enhance positive decision-making skills
- Practice supportive crisis intervention and conflict resolution techniques to foster growth and resilience within families
- Gain experience in advocacy while supporting parents, youth, and families

# **Position Responsibilities**

- Foster trusting relationships with children, youth, and parents while maintaining confidentiality and appropriate professional boundaries
- Promote family healing while facilitating fun field trips, activities, and respite childcare
- Communicate and collaborate with colleagues to provide coordinated services to youth and families, following agency guidelines to administer safety planning, crisis intervention, and additional resources and referrals as appropriate

## **Qualifications & Expectations**

#### **Position Qualifications:**

- Enjoy working with children, have experience working with infants through age 12
- Ability and willingness to listen actively and respond respectfully and appropriately to children, youth, and parents, and to make necessary judgments regarding health and safety
- Excellent communication and people skills, including emotional stability and patience
- Ability to work with diverse teams and clients to foster a culturally inclusive environment
- Comfortable working under pressure, able to remain calm in response to difficult situations

# **Time Commitment & Availability**

- Weekday, afternoon, and evening availability preferred
- Commit to 10 hours per week for a minimum of four months

# **Supervision & Training**

- Attend Tubman's five-part Volunteer/Intern Orientation and Training series
- Supervision provided by the Director of Youth and Family Services as well as a staff supervisor

#### Organization

For 40 years, Tubman has been leading the way to hope for women, men, youth and families who have experienced relationship violence, sexual exploitation, addiction, mental health challenges or other trauma. We provide countless ways to help including safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programs, community education and much more. www.tubman.org

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities.