NorthStar Youth Outreach Advocate Volunteer

Volunteer Position Description

Position & Responsibilities

Role Summary

Volunteers at Tubman's *North Star Youth Outreach Center* at the Maplewood Mall connect youth and young adults ages 13-24 of all genders (and their children, if parenting) to basic needs and resources. Youth are able to receive a range of services including individual advocacy, safety planning, and connection to resources at Tubman and partner agencies. Volunteers provide comprehensive support services, assisting with the use of a computer lab and laundry and accessing clothing and food.

Impact & Benefits

- Make a difference in a young person's life by listening and providing advocacy on their behalf
- Maintain a safe and empowering community by providing support to youth, young adults, and children who have experienced or are at risk of homelessness, violence, and trauma
- Connect youth and young adults to Tubman and other community resources

Position Responsibilities

- Support youth and young adults in a strength-based, person-centered, and trauma-informed manner
- Understand and share information about Tubman and other community resources
- Foster trusting relationships with young people to create a safe and peaceful environment while maintaining professional boundaries and confidentiality
- Follow agency guidelines as you interact with clients to identify their needs and strengths
- Communicate with supervisor and team as appropriate to best serve clients

Qualifications & Expectations

Position Qualifications:

- Previous relevant experience with diverse youth and young adults who have experienced trauma
- Ability to respond calmly and respectfully in difficult and/or unexpected situations
- Experience with de-escalation and crisis intervention
- Strong communication and interpersonal skills and ability to quickly engage and build trust
- Respect for diverse backgrounds, cultures, and identities
- Flexible, patient, and able to identify and build on strengths

Time Commitment & Availability

- Wednesday, Thursday, or Friday from 11 am – 3 pm; Friday from 3 – 7 pm; Saturday from 1 – 4 pm
- At least 1 weekly shift for a minimum of nine months preferred

Supervision & Training

- Attend Tubman's five-part Volunteer/Intern Orientation and Training series
- Supervision provided by the Community Outreach Coordinator

Organization

Each year Tubman helps nearly 25,000 people of all ages, genders, and cultural backgrounds who are facing relationship violence, sexual assault, exploitation, homelessness, addiction, mental health challenges, or other forms of trauma. We provide safe shelter and housing, legal services, mental and chemical health services, and youth programs. www.tubman.org

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities.