



# Youth Specialist Intern

Volunteer or Intern Position Description

## *Position & Responsibilities*

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### **Role Summary**

Youth Specialist Interns support adolescents who are living at Tubman's shelter in Maplewood for families that have experienced domestic violence. Provide individualized, trauma-informed, strength-based care and advocacy through relationship building, on-site activities, and community outings.

### **Impact & Benefits**

- Create positive relationships and experiences for youth living in shelter.
- Guide youth and parents in building life skills and enhancing positive decision-making.
- Foster growth and resilience within families who have experienced violence and trauma.
- Gain experience in advocacy while supporting parents, youth, and families.

### **Position Responsibilities**

- Foster trusting relationships with youth and parents while maintaining confidentiality and appropriate professional boundaries
- Promote safety and healing through planning and facilitation activities on-site and in the community
- Communicate and collaborate with colleagues, following agency guidelines, providing safety planning, crisis intervention, and additional resources and referrals as appropriate
- Facilitate communication, intakes and follow-up with parents and youth

## *Qualifications & Expectations*

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### **Position Qualifications**

- Enjoy working with and have experience interacting with teenagers
- Ability and willingness to listen actively and respond respectfully and appropriately to youth and parents
- Maturity and good judgement in stressful situations to assure health and safety of everyone
- Flexibility and adaptability to meet the needs of youth, parents, and the program as they arise
- Strong interpersonal skills, including emotional stability and patience
- Ability to work with diverse teams and clients to foster a culturally inclusive environment
- Set and uphold professional boundaries

### **Time Commitment & Availability**

- Minimum of 10-12 hours a week for one semester (4-5 months). Weekday availability required.

### **Training & Supervision**

- Attend Tubman's five part Volunteer/Intern Orientation and Training series
- Supervised by a Youth Specialist staff

## *Organization*

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For 40 years, Tubman has been leading the way to hope for women, men, youth and families who have experienced relationship violence, sexual exploitation, addiction, mental health challenges or other trauma. We provide countless ways to help including safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programs, community education and much more. [www.tubman.org](http://www.tubman.org)

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities.